SAND & SEA

Spa by MVNGATA





Standing proud at the frontline of the blissful shores of the Caribbean, Sand & Sea Spa is MVNGATA's special retreat in Playa del Carmen to sit back, unwind and drift into zen.

To rediscover wellbeing and rejuvenate by the sea in a gloriously lavish and natural spa retreat is what we do best in **Sand & Sea Spa**.

Thanks to our authentic experiences, relaxing indoor and open-air areas, along with our skilled therapists, achieving a state of pure bliss as you indulge in therapeutic rituals surrounded by the boundless enchant of the Caribbean beauty, our spa will be the heavenly break you were looking for.

Uplift your senses and choose your favorite treatment.





FACIALS



AGE-DEFYING FACIAL

Fade away the visible signs of aging with the combination of phyto extracts and neurocosmetics and be prepared to enjoy the fresh, radiant, and youthful appearance that this spectacular facial will give you, in combination with the award-winning range of Vagheggi products.

80 MIN - \$2750

FACIAL EQUILIBRIUM

This facial will nourish and restore your complexion's great balance, thanks to the wonderful Phyto cosmetics of Vagheggi and its products based on botanical extracts, Ylang-ylang, lavender, and red thyme that will also revitalize your skin with a powerful calming effect.

50 MIN - \$2025

BIO-PLUS FACIAL

Immerse yourself in the spectacular organic and vegan experience of this facial that will leave your skin feeling renewed with the help of the powerful organic Phytoextracts of wormwood and linseed, leaving your complexion hydrated and free of all signs of tension and stress thanks to the fusion of movements, sonotherapy, and Vagheggi vegan products.

* This facial is created with COSMOS certified products (Cosmo Organic Certification for Cosmetics)

HEMP FACIAL FOR ALL SKIN TYPES

This facial made with Hemp seed will provide you with a lifting effect that benefits your skin with hydration and elastin production. Along with the exquisite combination of cocoa, seawater, and aloe vera of our antifatigue patches. Your complexion will look more radiant than ever!

60 MIN - \$2600

RADIANCE MASK

Enjoy the unique benefits of hyaluronic acid! Delight in the radiant and luminous appearance that this star treatment gives to your complexion, which will improve skin tone and smoothness.

50 MIN - \$2295

LUMINOUS EYE CONTOUR

This revitalizing treatment is perfect to nourish and provide an enviable fresh appearance to your skin. This facial is the ideal option if you truly want to reduce dark circles, under-eye bags, expression lines, and puffiness throughout your face complexion. You have to try it!



EXFOLIATION RITUAL WITH MASSAGE

Pamper yourself from head to toe with this incredible ritual and its relaxing aromatherapy based on orange blossom, woods, coconut, and cedar that will provide you with an optimal benefit that will captivate your senses while relaxing your entire body.

50 MIN - \$ 1688

FULL BODY DETOX RITUAL

Let yourself be pampered with the nutrients of the Detox Thema line by Vagheggi, which, thanks to its extracts of olive oil, watercress, whole cane sugar, and tomato, will help eliminate all stress, thus providing a unique feeling of well-being to your body, mind, and spirit.

50 MIN - \$2160

CONTOUR BODY TREATMENT

This specialized treatment will nourish your skin with the help of vitamins and minerals from volcanic lava and carnivorous plants, all active ingredients in the Fuoco Plus line by Vagheggi; In addition to help prevent cellulite and fluid retention, your skin be significantly more toned and firmer than before!

MASSAGES

RELAXING MASSAGE

At **Sand & Sea Spa** we have designed this massage to bring your mind and body to a deep state of relaxation, through movements that completely relieve tension, and at the same time, give you a lasting revitalizing sensation.

50 MIN - \$1620 80 MIN - \$2592

SWEDISH MASSAGE

Let the stress melt away with this classic massage inspired by the oldest techniques in the world. By being the base of the therapeutic massage, it will help to improve your blood circulation, the firmness, and elasticity of the skin, as well as tissue renewal and lymphatic system activation. During this massage, medium pressure is applied to muscles, to take you into a state of total relaxation and pure restoration.

50 MIN - \$1890 80 MIN - \$2997

DEEP-TISSUE MASSAGE

With the main objective of eliminate lactic acid crystals that generate contractures and cause pain, this technique is the most suitable for the relief of tension and focused stress. Without a doubt, one of the favorites at **Sand & Sea Spa** by MVNGATA!

*The pressure of this massage is tailored to your needs. Ask your therapist for more details.

50 MIN - \$2160 80 MIN - \$2560

MVNGATA COMBINATION

Personalized massage that combines a wide variety of classic techniques such as deep tissue, Swedish massage, acupressure points, and reflexology with the purest MVNGATA style, you will love it!

50 MIN - \$1890 80 MIN - \$3024

PRENATAL MASSAGE

Therapy for the prevention and relief of prenatal discomforts such as tired legs, lumbar tension, and muscle fatigue for pregnant women. Enjoy a moment of relaxation for you and your baby!

*Maximum gestation time indicated for this massage: 4 months. *Alternative for gestation time greater than 4 months: facial.

40 MIN - \$2160

THERAPEUTIC MASSAGE

With combined techniques such as surface tissue, deep tissue, pressure point, cranial massage, and reflexology, along with our exquisite oil inspired by traditional herbalism and the holistic healing of crystals, this massage will provide you with a feeling of unmatched well-being, from head to toe.

90 MIN - \$3250

HOT STONE MASSAGE

This ancestral and energetic heat therapy is achieved by tempering stones in the expert hands of your therapist to later work on muscle fatigue-affected areas. This massage will help you reduce pain, eliminate toxins, balance the nervous system, and improve blood circulation.

A complete therapy that will increase your energy!

*This massage can be applied with cold, according to your needs. Ask your therapist for more details.

50 MIN - \$2160 80 MIN - \$2916

HERBAL PINDAS MASSAGE WITH AROMATHERAPY

Thanks to a selection of medicinal plants, these hot compresses create pressure in all the muscles of the body, allowing the lymph to absorb the ancestral properties of herbalism, which will help reduce all types of pain, improve flexibility, and relieve inflammation.

This massage is perfect to eliminate physical and energetic blockages.

50 MIN - \$2363 80 MIN - \$ 3456

STRESS-RELIEF SPICE-AND-HERB BAGS AND REFLEXOLOGY

With the help of a mixture of spices such as cloves, cinnamon, thyme, and seeds, these heat bags that will be placed on legs, back, shoulders, and neck, some of the main contractured body areas.

Pure well-being for you and all your senses!

80 MIN - \$3456

ANTI-FATIGUE HEMP FACIAL WITH LYMPHATIC DRAINAGE MASSAGE

This massage promotes lymphatic drainage to eliminate toxins, prevent fluid retention, edemas, and swelling in all parts of the body. Enjoy this therapy while nourishing your face with an exotic Hemp facial that will grant your skin multiple benefits and revitalize its complexion.

*Private massages with special requirements are only accepted with a reservation of a minimum of 24 hours. *Extra charges may apply.



AROMATHERAPHY



LOCALIZED AROMATHERAPY

Enjoy this unique localized aromatherapy massage that **Sand & Sea Spa** by MVNGATA have created along with doTERRA pharmaceutical-grade essences, which thanks to its purity and harmonious aroma will not cease to surprise you with its results and benefits.

30 MIN - \$1000

DOTERRA SCENTS RAIN

This wonderful experience accompanied by lymphatic and combined movements will help balance all your energy points at a neuro-sedative level, thanks to the relaxing shower of 8 different doTERRA pharmaceutical-grade essences.

Let us pamper you with this unique creation from Sand & Sea Spa by MVNGATA!

60 MIN - \$2160

STRESS-RELEASE AROMATHERAPY

This therapy offers you the best of two worlds: heat therapy with sacks created with spices and crystals that, accompanied by relaxing aromatherapy of 8 different essences, will relieve you of all the stress you might carry in mind, body, and spirit. You cannot miss this sensorial experience that **Sand & Sea Spa** by MVNGATA has created with your well-being in mind!



MVNGATA EXPERIENCES

We are deeply dedicated to your well-being and to create sensorial experiences like no other when you choose **MVNGATA Boutique Hotel** as your vacation getaway in Playa del Carmen.

Sand & Sea Spa by MVNGATA has created a series of unique experiences that combine relaxation with the elegance that distinguishes us, so that you can enjoy a moment of peace in a quiet hideaway, and take advantage of the opportunity to renew body, mind and soul, in company of those you love the most.

MVNGATA SUNRISE

Enjoy an impressive sunrise in the Mexican Caribbean with a relaxing massage with your loved one or friend.

7:00 am to 9:00 am *Couple experience Includes a mimosa per person

60 MIN - \$6480

MVNGATA SUNSET

Enjoy a well-deserved massage with an impressive Mexican Caribbean sunset backdrop with your significant other or with a friend.

6:00 pm to 8:00 pm *Couple experience Includes a glass of wine per person



UNDER THE STARS

Book this experience for two on our beach while enjoying the starry sky and the warmth of the torches that will light up that unforgettable night.

*Couple experience. Includes a bottle of sparkling wine at the end of your massage.

60 MIN - \$8100

FULL MOON SPECIAL MASSAGE

There is no better way to enjoy a full moon night as a couple than with chocolate covered strawberries and a bottle of sparkling wine on our beach or pergola, with a delicate and romantic decoration with candles and rose petals.

A unique invitation to celebrate and relax with the sound of the Caribbean Sea.

* Optional cheese board. *Private massages with special requirements are only accepted with a reservation of a minimum of 24 hours. *Extra charges may apply.





DEPILATION

Armpits	\$530
Normal Bikini	\$920
Half Leg	\$700
Full Leg	\$1400
Back	\$900
Arms	\$800
Facial	\$900
Eyebrows	\$500
Moustache	\$320
Complete Brazilian	\$1200
Mouth	\$350
Forehead	\$350
Nape	\$500
Sideburns	\$500
Half Arm	\$600
Full Arm	\$880
Fingers Hands	\$280
Hip	\$450
Back	\$780
Belly	\$550
Belly Line	\$250
Breasts	\$380
Buttocks	\$600
Latin Bikini	\$750
Between Buttocks	\$450
Thighs	\$800
Toes	\$280

BEAUTY SALON SERVICES

Shampoo & Blow Dry (Short)	\$700
Shampoo & Blow Dry (Shoulder)	\$1000
Shampoo & Blow Dry (Mid back)	\$1400
Shampoo & Blow Dry (Long)	\$1700
Hair Treatment (Short)	From \$700
Hair Treatment (Medium)	From \$1000
Hair Treatment (Long)	From \$1500
Hair Treatment (Extra Long)	From \$1700
Make Over	Personalized
Hair Dies & Lights	Personalized
Dye Retouching	From \$800
Haircut	From \$550
Keratin	Personalized
Straightening O Blow Dry	From \$650
Bridal Hairstyle	From \$1200
Regular Manicure	\$742
Spa Manicure	\$1215
Regular Pedicure	\$945
Spa Pedicure	\$1593
Regular Manicure and Pedicure	\$1450
Spa Manicure and Pedicure	\$2400
Nail Polish	\$350
Acrylic Nail & Polygel	From \$800
GelRetreat	\$450
Eye Contour	\$500
Basic Facial Cleansing	\$1000
Hairstyle & Makeup Try For Bridal	\$5000

SPECIAL THERAPIES

Healing Holistic Therapies	80 Min
Shiat-Su Therapy	50 Min
Wood Therapy	50 Min
Biomagnetism Therapy	80 Min
Chackras Alignment	60 Min
Energetic Cleaning	40 Min
Mayan Reading	60 Min
Angelic Reading	90 Min
Cacao Ceremony (For 2 People)	90 Min
Access Bars Therapy	120 Min
Holistic Tarot Reading	60 Min
Akashic Records	Personalized
Earthing Therapy	60 Min
Bioenergetic Healing	Personalized

*Appointment Required At Least 24 Hours In Advance

Ask for all the holistic therapies available on promotions





BRAIDS

1/2 Head	From \$952
Full Head Short Hair	From \$1300
Full Head Medium Hair	From \$1700
Full Head Long Hair	From \$2200
Full Head Extra Long Hair	From \$2950
French	From \$916
Multi Braids (2-4)	From \$550

BRAIDS ARE GUARANTEE UP TO 2 WEEKS WITH FREE RETOUCH. DECORATION ON BRAIDS AVAILABLE AT EXTRA CHARGE.

HAIR EXTENSIONS ARE AVAILABLE, ASK FOR PRICES AT EXTRA CHARGE.

PRICES MAY VARY ACCORDING TO THE STYLE YOU CHOOSE





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MVGNATA BOUTIQUE HOTEL