



SAND & SEA

Spa by MVNGATA



En el corazón del Caribe Mexicano, Sand and Sea by MVNGATA es un refugio boutique donde la elegancia se encuentra con la tradición, nuestro concepto fusiona la energía del mar, la serenidad de la arena y la sabiduría ancestral en experiencias diseñadas para restaurar cuerpo, mente y espíritu

Inspirados en terapias tradicionales mayas y ancestrales, cada tratamiento rinde homenaje a la conexión profunda entre la naturaleza y bienestar. Pindas herbales, rituales de cacao, técnicas de sanación y elementos naturales son integrados para ofrecer una experiencia única y auténtica.

Cada detalle, desde la selección de ingredientes hasta la preparación del espacio, ha sido concebido para crear un ambiente íntimo y exclusivo, fiel al espíritu de un hotel boutique, nuestros terapeutas, guardianes de técnicas tradicionales y contemporáneas, acompañan a cada huésped en un viaje de renovación que combina la hospitalidad caribeña con un cuidado de lujo consciente.

En Sand and Sea, el bienestar no es solo una experiencia. Es un ritual de transformación donde la tradición y la exclusividad se unen para honrar la vida.



Massage

Sea Breeze (Relaxing Massage)

Immerse yourself in a journey of gentle movements that release tension, calm the mind and renew your energy.

Benefits: Reduces stress, relieves pain, improves circulation and envelops you in a deep sensation of peace.

50 MIN \$1620 MXN | 80 MIN \$2600

Roots (Swedish Massage)

Basic technique that combines soft and firm movements to relax muscles, improve circulation and revitalize the entire body.

50 MIN \$1890 MXN | 80 MIN \$2600

Ki Nam (Deep Tissue Massage)

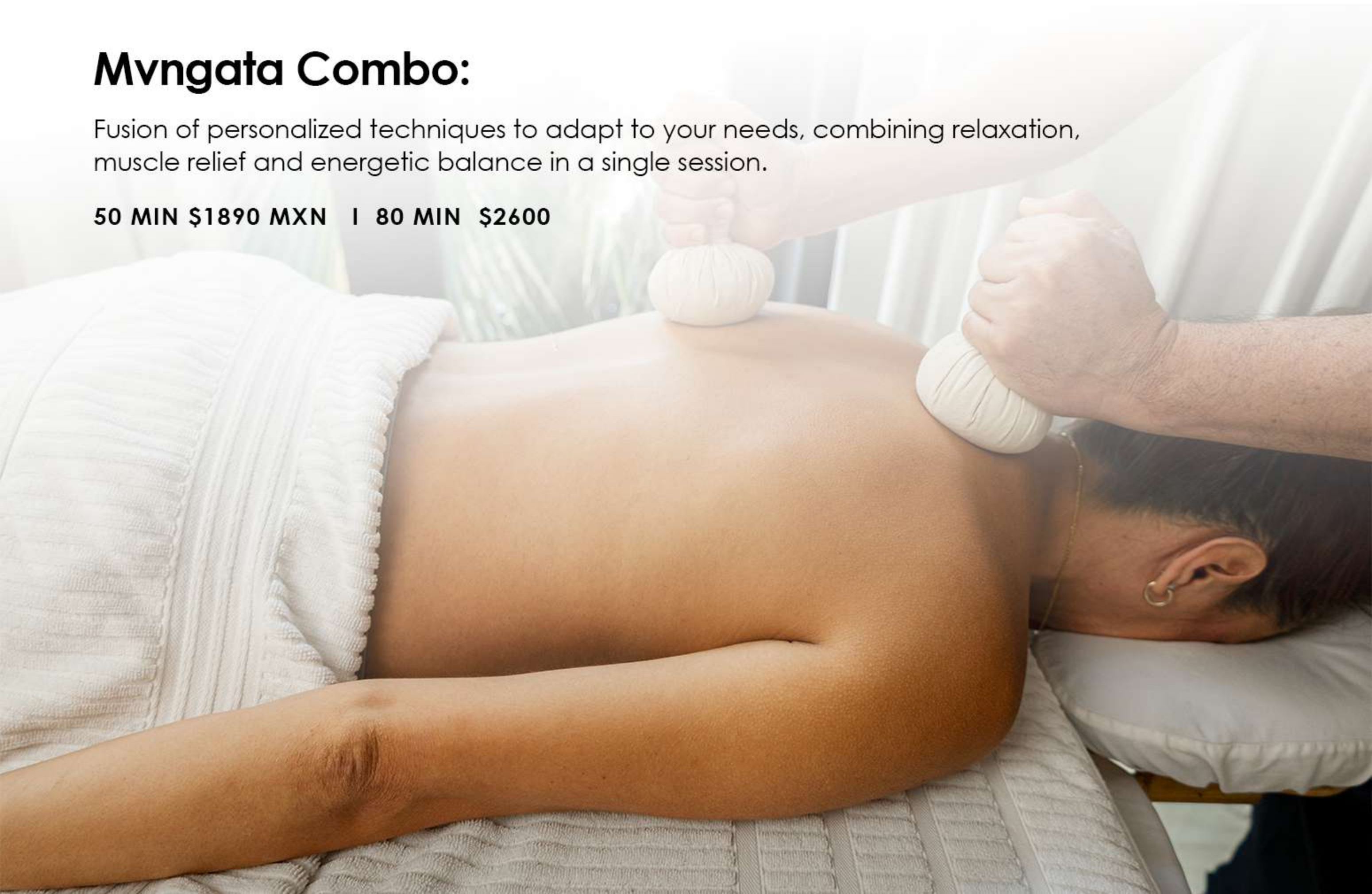
An intensive therapy that works on deeper muscle layers, relieving chronic tension and restoring mobility.

50 MIN \$2200 MXN | 80 MIN \$2600

Mvngata Combo:

Fusion of personalized techniques to adapt to your needs, combining relaxation, muscle relief and energetic balance in a single session.

50 MIN \$1890 MXN | 80 MIN \$2600





Therapeutic

An exclusive experience that combines technique, sensitivity and deep well-being. This massage goes beyond releasing tension, enveloping the body in a journey of comfort, restoration and harmony, each movement is designed to revitalize energy, relax the mind and muscles.

90 MIN \$3250 MXN

Herbal Lymphatic Drainage

A gentle and rhythmic technique that stimulates the lymphatic system, combining the benefits of ancestral herbalism such as calendula, mint and spearmint, favoring the natural detoxification of the body and providing an immediate sensation of lightness and well-being, perfect for those seeking to reduce inflammation, detoxify and renew their vital energy.

90 MIN \$3250 MXN

Lullaby of the Soul (Prenatal)

A gentle and safe technique that relieves tension, improves circulation and provides serenity to mother and baby during this special stage

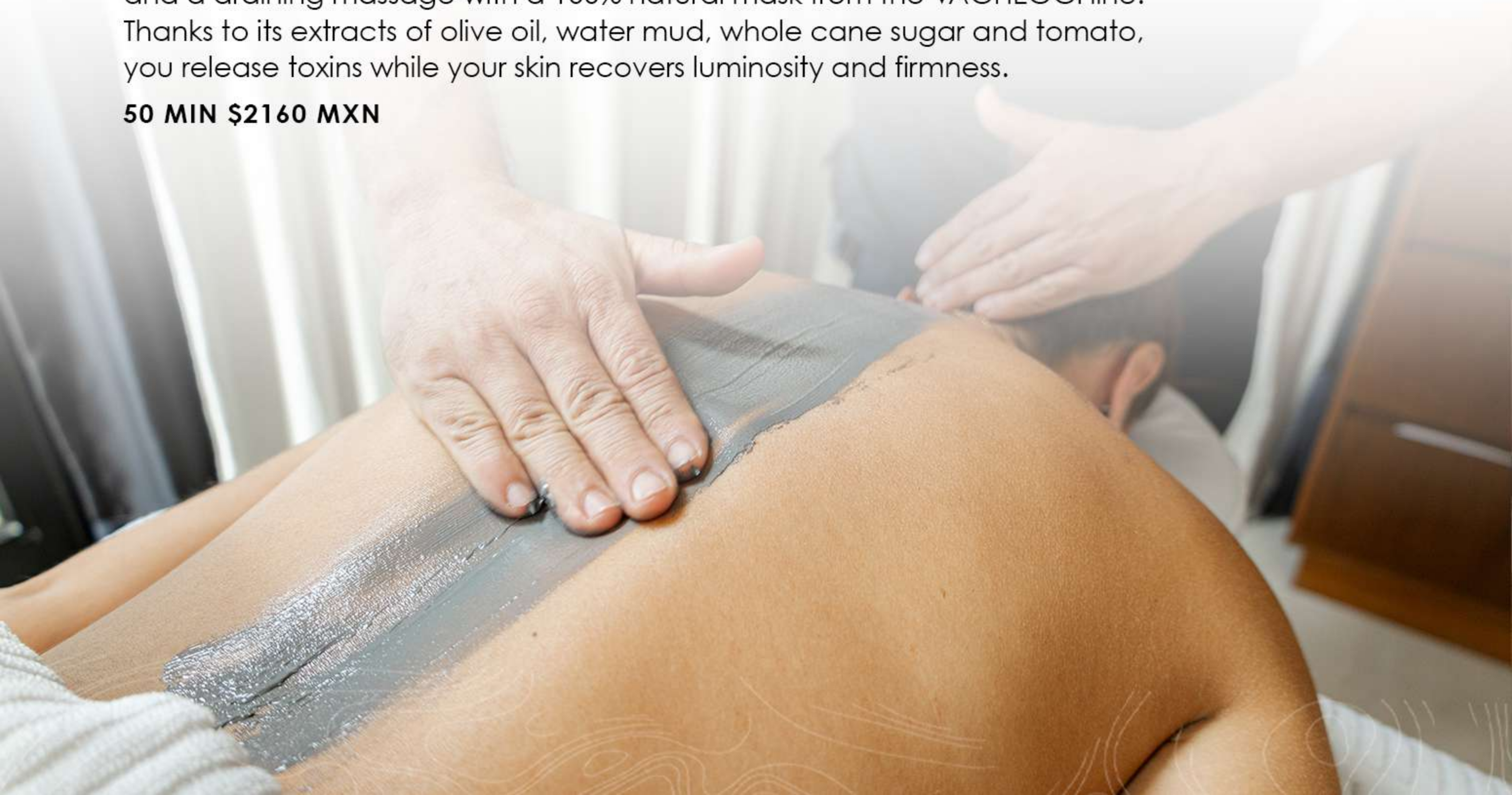
40 MIN \$1800 MXN

Body Treatments

Vegan Detox Body Wrap

Exclusive treatment that combines gentle exfoliations, a nourishing wrap and a draining massage with a 100% natural mask from the VAGHEGGI line. Thanks to its extracts of olive oil, water mud, whole cane sugar and tomato, you release toxins while your skin recovers luminosity and firmness.

50 MIN \$2160 MXN





Green Tea Body Wrap:

Body ritual that combines antioxidant properties of green tea to purify, hydrate and soften the skin
80 MIN \$2600 MXN

Aromatic Body Scrub (Chocolate, Coffee or Passion Fruit)

Aromatic exfoliation combined with a relaxing massage using chocolate, coffee, or passion fruit. A treatment that awakens the senses and restores the skin's natural softness.

\$2200 MXN 50 MIN

Coffee Ritual (Vitality and Renewed Energy)

A stimulating ritual that combines the antioxidant power of coffee with essential oils, revitalizing the body and awakening the senses.

80 MIN \$2600 MXN

Chocolate Ritual

Nutrition and softness through the benefits of cacao, rich in antioxidants and essential minerals that nourish and hydrate the skin.

80 MIN \$2600 MXN

After Sun Cooling Aloe Vera:

A soothing and repairing treatment designed to restore the skin after sun exposure.

50 MIN \$1650 MXN



Facials

BIO PLUS Facials:

An exclusive vegan ritual based on the Bio+ line by VAGHEGGI. Certified as ecological and vegan, inspired by nature to offer a personalized and nourishing treatment. We use extracts of ajenjo, linaza, arándano rojo, distilled waters of raspberry and orange blossom, biodegradable lichi exfoliant that helps improve the appearance of the skin leaving it visibly firmer, luminous and hydrated.

50 MIN \$2000 MXN

Anti-Aging Facial:

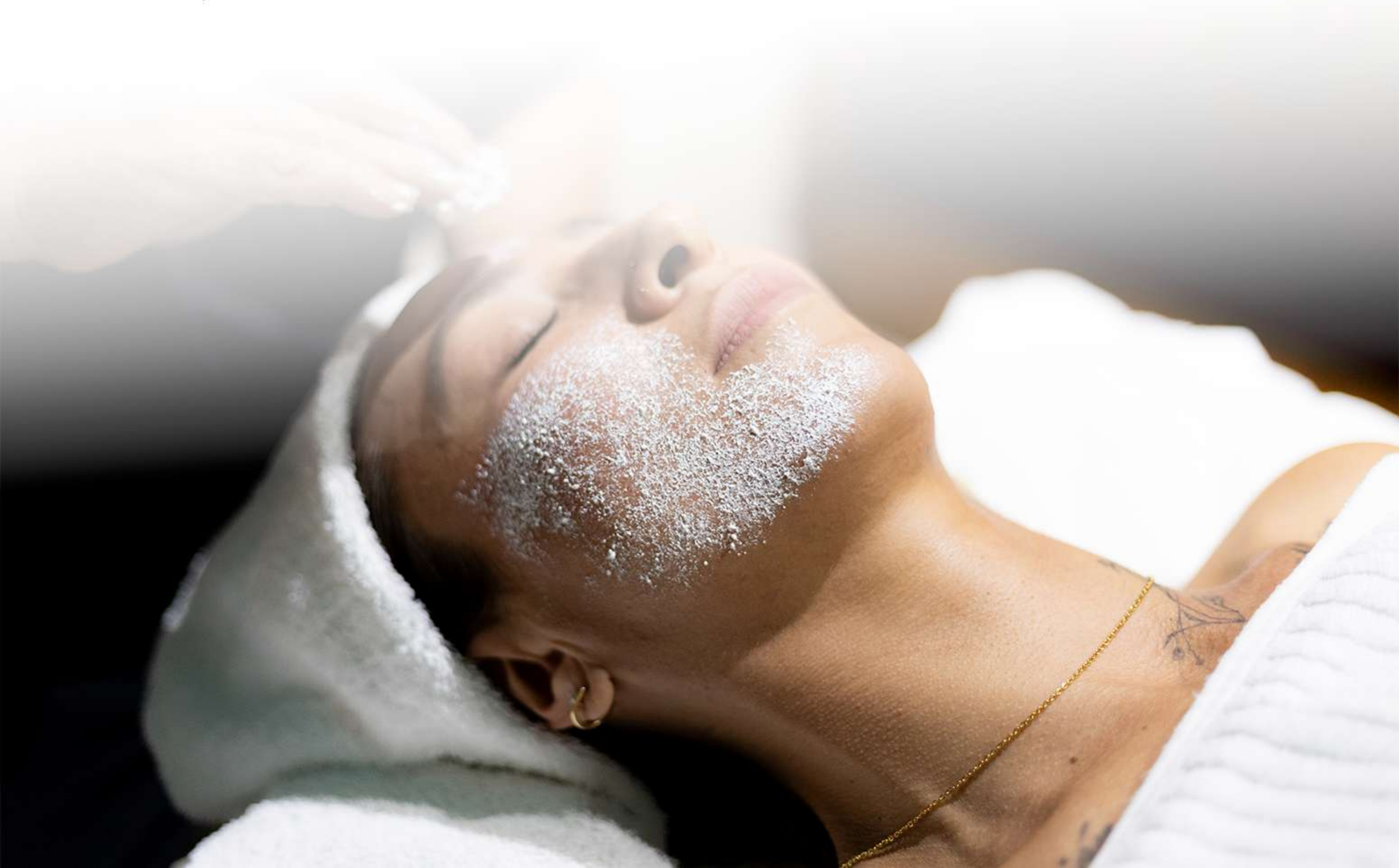
Designed to restore vitality, firmness and luminosity to the face, combining the science of vegan cosmetology with extracts of exotic fruits rich in antioxidants, organic oils cold pressed that work in synergy to firm, illuminate and return youth to the skin. Each application is accompanied by facial massage techniques with lifting effect enhancing the benefits with application of radiofrequency that stimulates microcirculation and enhances cellular regeneration

80 MIN \$2750 MXN

Rehydra Facial

A deeply hydrating facial treatment that combines innovation of Olean beauty from the Vagheggi line, rich in natural actives specially formulated for dry or dehydrated skin. With ingredients such as avocado, hyaluronic acid, jojoba oil, coconut, abyssinian oil, shea butter, vitamin E and panthenol creating a protective film durable and sensorial.

50 MIN \$2250 MXN



Rituals and heat and herbal treatments

Aromatherapy:

A sensory journey created with 100% pure essential oils.

50 MIN \$1650 MXN 80 MIN \$2600

Hot Stone Ritual

A sensory journey created with 100% pure essential oils.

Benefits:

Relieves stress, promotes deep relaxation, improves mood, and restores emotional balance.

80 MIN \$2600 MXN



Mayan Herbal Compress Ritual

A sensory journey inspired by ancient Mayan wisdom, where nature intertwines to create a unique and healing treatment through the use of warm herbal compresses. These natural fabric bundles are filled with herbs such as rue, basil, rosemary, peppermint, chamomile, clove, and cinnamon, carefully activated with steam and applied to key points of the be

The experience begins with an energetic cleansing using copal smoke, followed by a honey and sugar exfoliation. It continues with a green tea body wrap and a rhythmic massage that integrates herbal compresses with infused botanical oils, creating a harmonious dance of heat, aroma, and precision, restoring energetic balance.

Benefits:

Detoxifies the body, relieves muscle tension, stimulates circulation, and promotes energetic balance and deep relaxation.

100 MIN \$3500

Sun & Moon Ritual:

A harmonious encounter between body and face.

This ritual begins with an energy-opening ceremony using floral essences and a brief conscious inhalation to balance internal polarities.

The body massage combines relaxing techniques inspired by ancestral traditions with organic botanical oils. It is followed by an organic facial using natural products from our Vagheggi vegan line.

The entire experience takes place in a warm environment with ritual music and aromas that evoke a deep connection with nature, creating a profoundly relaxing and restorative experience.

Benefits:

Balances body and mind, promotes deep relaxation, nourishes the skin, and restores inner harmony.

80 MIN \$3500 MXN



Ancestral Ritual :

The entire experience takes place in a warm environment with ritual music and aromas that evoke a deep connection with nature, creating a profoundly relaxing and restorative experience.

Benefits:

Balances body and mind, promotes deep relaxation, nourishes the skin, and restores inner harmony.

Its benefits include physical and energetic detoxification, sensory stimulation, and deep relaxation of the nervous system. A complete care ceremony for those seeking an extraordinary experience.

The soul of the spa and a favorite among those who surrender to conscious rest.

120 MIN \$4200 MXN



Mvngata Experiences

MVNGATA Sunrise Experience

Enjoy the Mexican Caribbean with a relaxing massage, designed to awaken your senses and bring harmony to body and mind.

This experience includes a refreshing mimosa to start your day.

80 MIN \$6200 MXN

Under the Stars VIP

An intimate and exclusive experience by the sea, where you will enjoy a relaxing massage under the stars, surrounded by the sound of the ocean and a romantic atmosphere.

This experience includes wine glasses, creating a magical and unforgettable moment at night.

80 MIN \$6200 MXN

Romantic Souls

A love-inspired ritual that combines an 80-minute relaxing massage, specially prepared with candlelight and rose petal decoration.

A unique experience to celebrate deep connection-let yourself be guided and indulged at Mvngata, where romance becomes a destination.

80 MIN \$9100 MXN



Mvngata Moon Ritual

A tribute to femininity and the magic that inspires our name: Mvngata, the reflection of the moon on the sea.

This ritual is designed for women, evoking the cyclical power of the moon, the softness of water, and the sacred connection between body, soul, and nature.

This experience includes:

- Energy cleansing with copal and soft sounds to purify the energy and open the heart.
- Swedish massage with natural coconut oil and lavender essence.
- Cocoa foot exfoliation.
- Mini hydrating facial with aloe
- A toast with fruit-based beverages by the sea.

The ritual concludes with an intentional flower offering as a symbol of gratitude and connection to feminine essence.

100 MIN \$3000 MXN

(MINIMUM 2 PEOPLE, MAXIMUM 8 PEOPLE)
RESERVATION REQUIRED 48 HOURS IN ADVANCE.



In-Room Spa Experience

Bring the serenity of Sand & Sea Spa into the comfort of your private space. Enjoy a personalized wellness experience in your room, terrace, or any area off the property, where relaxation, intimacy, and care come together.

In-Room Massage Service

Enjoy your favorite massage in the privacy of your room or selected location. Additional cost for in-room service:

- \$500 MXN per person
- \$1000 MXN per couple

This service includes full spa setup and transportation of equipment. "Decoration is not included."

Signature In-Room Experience

For a more elevated and memorable moment, transform your space into a romantic and sensorial setting.

This experience includes:

- Ambient decoration
- Aromatherapy
- Massage experience
- A selection of wine

All elements are carefully prepared to create an intimate and unforgettable atmosphere

80 MIN \$9100 MXN

